# Being A Sustainable Traveller

Travel inspires, educates, and breaks down barriers between people. But the way we travel comes with costs – ones we are all increasingly aware of. We have collected some easy ways you can make a difference before your trip.

# <u>Before You Go</u>

Offset Your Carbon Emissions

If you'd like to offset your share of the greenhouse gas emissions from your flights, you can buy carbon credits.

## Pick Your Products Wisely

It's important to know that the products you use will most likely be disposed of in that region. Avoid products with microbeads, aerosol cans, and sulfate shampoos.

# 🐧 Pack Light

How does one pack lightly? If you have a tendency to overpack, try packing...then unpack and cut it in half.

## Bring a Reusable Bottle

Bringing a reusable water bottle, can make a big difference in creating a more sustainable travel destination.

### Turn Off Home Appliances

TVs that are plugged in still draw power from the socket. So unplug your appliances at home before you leave.







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### While You Are There

Walk, Bike Or Use Public Transport

It's healthy, eco-friendly, and not as expensive as you think. Plus, it is a great way to see the place you are staying!

# Shop and Eat Local

Often food for tourists is imported, if you do some research on local produce you can end up getting to know the culture better and maybe find a new favorite food.

# Refrain From Excessive Haggiling

Remember that the purchases you make directly affect vendors' livelihoods.

#### Pack It Out

No matter where you are, pick up and dispose of your trash properly.

# Check Local Operators

Finding sustainable local operators can be hard, so try and look for any recogniseable certifications on any signage or websites.

For more information check out our website: www.nztravelbrokers.co.nz

Or Contact Your Local NZ Travel Broker!